

Príloha k sústredueniu SJ Šopron, Maďarsko

Termín: 10-17.3.2024

Tréningová Skupina J. Adámek

RYBY 19.2. - 19.3.		MAREC	NEDEĽA																	
70/296		BREZEN	NEDEĽE																	
soustř. starší juv. Šopron		MARCH	SUNDAY																	
		MÄRZ	SONNTAG																	
		MART	БОКПЕЧЕНБЕ																	
			10																	
			Branislav, Bronislav, Bruno																	
14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
1	8	15	22	29	18	25	31	1	8	15	22	29	18	25	31	1	8	15	22	29
2	9	16	23	30	19	26	1	9	16	23	30	19	26	1	9	16	23	30	19	26
3	10	17	24		20	27	2	10	17	24		20	27	2	10	17	24		20	27
4	11	18	25		21	28	3	11	18	25		21	28	3	11	18	25		21	28
5	12	19	26		22		4	12	19	26		22		4	12	19	26		22	
6	13	20	27		23		5	13	20	27		23		5	13	20	27		23	
7	14	21	28		24		6	14	21	28		24		6	14	21	28		24	

Handwritten notes on the calendar page include:
 14⁰⁰ 3L, 2Ln, 1PP, 2L 0,8
 14²⁵ 2x (2K/50T+100l+4x50i 15"+1L) PL M, 2 1,8
 14²⁵ 2x (2n + 2T + 1) PP, L 2,8
 14²⁵ 3P (25n záda + 75) + 10x50K záb. i 50" / 4pac + 2K 3,8
 18⁰⁵ 4Kn + 4Z 150n + 50T + 1l + 2L 4,8
 19⁰⁵ 2K i 20" + 2x50M i 20" + 2x50Mn i 25" + 4x50K i 50" PL 4,8
 12 + 12n i 30" + 2K // PL + 2x50P i 1' + 2x50Pn i 25" 6,2
 2V

11. TÝŽDEŇ TÝDEN WEEK WOCHE НЕДЕЛЯ		MAREC
Angela, Angelika		BREZEN
		MARCH
		MÄRZ
		MART
7	8 ⁰⁰ 4x 2L, 25M + 25Z, L, 25Mn T + 25M + 50P	0,8
8	8 ¹⁵ 4x (30gunny záb. + 2V) PP	1,8
8	8 ⁴⁰ 2x (4x50pac. i 20" + 2) K, 2 // záběr	2,6
8	8 ⁰⁵ 3Mn (50T + 1) + 3 (50M + 12) + 2Zn (25dř + 75) // PL 4,4	4,4
9	9 ⁰⁰ 8K (1T + 1pac + 2bez) záb. + 2Kn	5,4
9	9 ⁰⁰ 1000Z (1T + 1pac + 2bez + 1n) // PL	6,0
10	9 ⁵⁰ 6x 50P i 1' + 2K + 1V	
11		
12	14 ⁰⁰ 3x (1L + 1 (25T + 25l) M, 2, P + 1PP + 1L	0,8
13	14 ¹⁵ 12x 50K i 20" (2ln + 2lp + 2 (15 + 35)) + 2K	1,6
14	14 ³⁰ 3Z (5060mp. + 1) + 1PP	2,0
14	14 ⁴⁰ 2x (8x 50K i 55" / tempo 400) + 25Kmax + 75V + 2Kn M4	
15	15 ¹⁵ 3K + 2S (50T + 50l + 1Sn	2,2
15	15 ²⁵ 8x 50S i 1' + 2V	4,8
15	15 ⁴⁰ 2x (4x 50S i 1' + 200 + 3" / 1V), 2V	5,6
16	Samo d 8x50 29,7 / 30,2 4x50 2 35,2 / 34,5	
17	Plivar 30,5 / 30,8 2 35,0 / 34,7	
	Dano 31,0 / 30,4 2 34,2 / 34,0	
18	Nadu 33,5 / 33,0 2 37,2 / KP	
	Ica 34,7 / 33,6 P 44 / 43	

MAREC
BŘEZEN
MARCH
MÄRZ
МАРТ

UTOROK
ÜTERY
TUESDAY
DIENSTAG
ВТОРНИК

12

Gregor

RYBY 19. 2. - 19. 3.

72/294

НЕДЕЛЯ|WOCHE|WEEK|TYDEN| 11. TÝZDEN

- | | | |
|----|---|-----|
| 7 | 8 ⁰⁰ 2x (2L + 7PP), 2Ln, 1LT | 0,9 |
| | 8 ²⁰ 3Z (50T + 1) + 2Zn (25M + 75) + 3K 1/PL | 1,7 |
| 8 | 8 ²⁵ 4x 50Z pas. záb. 1' + 3Z + 3Kn | 2,5 |
| | 8 ⁵⁰ 3K (50T + 1) + 6x 50K 15" záb. + 2Z | 3,3 |
| 9 | 9 ⁰⁵ 2x (4 + 2n) K, 2(PP) 1/PL | 4,5 |
| | 9 ²⁵ 4x 50 1' (25M + 25Z) + 4x 1 20" / 50Z + 50P | |
| 10 | 4K 2K 30" pas, 2Ln + 1L | 6,2 |
| 11 | | |
| 12 | | |
| | 14 ²⁰ 2L, 2x (1n + 1T + 1) PP, L | 0,8 |
| | 14 ⁴⁵ 4 (25Mn + 25MT + 25M + 25L) + 3Z | 1,5 |
| 13 | 15 ⁰⁰ 6x 1PL 20" (50M + 50Z) + 3Mn PL (50T + 1) + 1L | 2,5 |
| | 15 ²⁰ 6x 50 1' (15 start + 35V) + 3Sn + 1ST | 3,2 |
| 14 | 15 ⁴⁰ 6x 1PL 30" (25 pod vodou + 50S + 25L) + 2SPL | 4,0 |
| | 15 ⁵⁵ 6x 1 20" (25 + 25 stup. + dohmat + 50V) PP + S | 4,6 |
| 15 | 16 ⁰⁵ 3S (50n + 50T) + 2S | 5,1 |
| 16 | 16 ⁴⁵ 4x 50 1' (15 start + 35V), 2V | 5,5 |

13

STREDA
STREDA
WEDNESDAY
MITTWOCH
СРЕДА

MAREC
BŘEZEN
MARCH
MÄRZ
MART

Vlastimil

11. TÝŽDEŇ | TÝDEN | WEEK | WOCHE | НЕДЕЛЯ

RYBY 19. 2. - 19. 2. 2019

- 7⁸⁰⁰ 1L, 2APF, 2L, 2PPn, 1L
 8⁸⁵ 4x (30" gumy záběr + 2V) PP 0,8
 8⁸⁰ 2x (4x50" a 25" pas. záb. + 2x 1" a 20" / 25" + 25" stup. robr. + 50l + 1n) K, Z 1,8
 9⁴⁰⁰ 6 (25Pn zábr + 25P + 25Pp předlakti' Kn + 25P + 50K) 2,8
 9⁴⁰ 4x (25Pp + 25Pn + 50P + 50K) a 25" 3,4
 10⁹²⁵ 4x 1PL a 20" (25PP + 25V + 25PP záběr + 25V) + 3S 4,0
 9⁴⁰ 4x 1PL a 20" (25L + 75V) + 35n PL + 2V 4,7
 (5,6)

11

12

- 13¹⁴²⁰ 3L, 4x 50PL a 30" (25 pod v. + 25KP), 3L (50T + 50l) 0,8
 14⁴⁵ 4x 50" a 2" (15 start + 35V) + 2Kn (75 + 25) + 3 (50KT + 50K + 50Z) 1,5

14

- 15⁴⁵ 2x (2x 1K a 100 / k. 1500l + 4x 50K a 55" + 2V + 1Kn + 1V) 3,4

1. mezičas 1, 2. - 1", 3. - 2", 4. max

- 15⁴⁰ 6PL (50K + 50Z souprava + 50Z) + 2Kn PL + 1L 4,0

- 16⁷⁵⁵⁵ 2x 7Z a 145 / TF 150 / 4x 50Z a 1" progres. + 2V 4,6

- 16⁹⁰ 8x 50S n a 105 + 1V

- 17¹⁶²⁰ 6x 50K PL lehce a 25" + 2V

5,5
MAREC

9. 10. 11.

P 4 11
11 5 11

RYBY 19. 2. - 19. 3.

MAREC
BREZEN
MARCH
MÄRZ
MART

ŠTVRTOK
ČTVRTEK
THURSDAY
DONNERSTAG
ЧЕТВЕРТ

14

Matilda

74/292

НЕДЕЛЯ|WOCHE|WEEK|TYDEN| 11. TÝZDEN

7 8⁰⁰ 3L, 3PP (25n+25T+25), 2L
 8¹⁵ 2Z, 4K (50T+50), 4n | 2z+2k | 2L 11/2 2,0 0,8
 8³⁵ 2x (4x50i+25záb.+2+2n) Z, K 3,2
 9⁰⁰ 3Z (50T+1)+3(25Pn zádla+25P+25Pn+25P+50K) 3,8
 9⁴⁰ 5K + 4Kn + 2KT + 1K - 1PK 5,0
 9⁵⁵ 2x (8x50i+25v+2v) PP | 1/n+1/záb., 4/k+4/l (6,2)

10
11

VOLNO

2

12	Jana	1/6,8	50/32,2-26,9	116,0	32,2-27,2	1/13	34,7-30,5
13	Dana	1/5	31,2-28,7	114,0	31,6-28,5	1/11	34,2-30,8
	Oliver	1/6,5	32,1-30,6	115,9	32,8-30,6	1/17	36,2-34,8
14	Nada	1/10	34,2-30,6	119,0	34,2-31,9	1/20	39,8-34,9
	Lea	1/11	34,2-32,8	119,0	33,2-32,5	1/19,5	38,2-35,2
15	Sabi	1/15	φ 37	P 1127	φ 41,7	K 1/15	φ 35
	samo n	φ	2/43				

16 Dana K/54
 Oliver 2/48

17 Nada 2/47
 Lea P/52

18 Sabi 2/51

APRIL

14. 15. 16. 17. 18.

P 1 8 15 22 29
 U 2 9 16 23 30
 S 3 10 17 24
 S 4 11 18 25
 P 5 12 19 26
 S 6 13 20 27
 K 7 14 21 28

19

15

PIATOK
PATEK
FRIDAY
FREITAG
ПЯТНИЦА

BREZEN
MARCH
MÄRZ
MART

Svetlana

11. TYŽDEŇ (TYDEN/WEEK/WOCHE/НЕДЕЛЯ)

7³⁰ 2L, 4 PP, PP, PP, PP, 2L
 8⁴⁵ 4x(6x50 + 2K PL, K) Kn i 15" PL, K p ras i 20"
 9⁰⁵ 4x2 2n/25uW + 75, 2/50T + 50, pas., 2, PP
 9²⁰ 4x1 i 20" (25 ziber + 25 otpr. + dohmat + 50V) 17, 2, P 11 PL
 9³⁰ 3x (2K i 30" + 2x50 i 20" + 1V) 17, 2, P 11 PL
 9⁵⁵ 2Sn (25 + 25) + 25/50T + 50
 10⁰⁵ 6x50 i 2' (1/20Z + 30V + 1/206 kart M, P, K + 30V)
 10²⁰ 4 PP PL (50T + 50) + 2V

11

12
 15⁰⁰ 2L, 1M/25n + 25, 12/25T + 25, 2L, 1P/25n zc. + 25/PL

13¹⁵ 6x50 1. - 3, K i 50", 2 i 7' + 2Kn/25 + 75 + 2K/50T + 50
 15³⁰ 4x1 i 20" (15 frekv. + 35V + 15n + 35V) 2/K + 2/2 + 2P

14⁴⁵ 2x (4x50K i 1'/t. 200 + 25 max + 75V + 1Kn + 2V)

16⁰⁰ 4 (150K + 50Kn) + 12n + 2 2/50T + 50 + 1PP
 15¹⁵ 2x (4x50Z (P) i 106/t. 200 + 25 max + 75V + 12n + 2V)

16	Olvar K/27,9	28,4	2/32,3	37,7
	Sano	27,9	27,9	33,3
	17 Puro	28,8	29,5	32,0
	Nad'a	31,7	31,7	35,5
	18 Lea	32,3	32,5	36,0
	Sab	34,4	34,5	P/40,5
				40,9

19

MAREC

9. 10. 11. 12
 P 4 11 11
 /U 5 12 1
 S 6 13 1
 S 7 14
 P 1 8 15
 S 2 9 16
 N 3 10 17

RYBY 19. 2. - 19. 3.

BREZEN
MARCH
MÄRZ
МАРТ

SOBOTA
SOBOTA
SATURDAY
SAMSTAG
СУББОТА

16

Boleslav

76/290

НЕДЕЛЯ | WOCHE | WEEK | TÝDEN | 11. TÝZDEŇ

- 7 8³⁰ 6 (1L + 50PP) + 2PPn + 1L 0,9
- 8⁴⁵ 3K + 2x 12n ~ 15" + 4x 50Zp ~ 15" + 2Z 1PL 1,8
- 9⁰⁵ 2Zn + 3K (50T + 1) + 2Kn + 6x 50Kp ~ 15" + 2K 3,0
- 9³⁰ 6x 50 ~ 1' (25M + 25P) + 3Kn + 6x 50 ~ 15" (1K + 1/2) + 3Zn 4,2
- 9⁵⁵ 4x 1PL ~ 30" (25pod v. + 25PP + 50L) + 6x 50Sn ~ 15" (25 + 25) AL 4,9
- 10²⁰ 2 (25M + 25Z) + 2 (25P + 25K) + 2V 5,5
- 10⁴⁶ 2h, 4PP (25n + 25 + 25T + 25), 2L 0,8
- 10⁴⁵ 4x 50 ~ 20" (25n + 25v) K, Z + 2K, 4x 50 ~ 20" (25 + 25) K, Z + 2Z 1PL 2,6
- 11³⁰ 2x (1K ~ 1' 10" / t. 1500) + 2x 50K ~ 1' / t. 200) + 25K - max + 75V + 1Kn + 2V) 2,8
- 12⁰⁰ 3S (25n + 25T + 50) + 2PP 1PL 3,3
- 12⁴⁰ 4x 1L 4' / (50S start / 1.50 v. 200) + 50V) 3,7
- 13³⁰ 3 (50ST + 50L) + 35n + 3V 4,8

13

IE

MAREC
BREZEN
MARCH
MÄRZ
МАРТ

●

NEDEĽA
NEDEĽE
SUNDAY
SONNTAG
БОКРЕЧЕНЬЕ

17

RYBY 19. 2. - 19. 3.

Lubica

77/289

- 8³⁰ 3L, 2PPn, 2PPT, 1L 0,8
- 8⁴⁵ 4x (30" 5u - y + 2V) PP + 4PP (50T + 50) 2,2
- 9²⁰ 6x 1PL ~ 25" (25Mn + 25M + 50Z) + 3Mn (50T + 50) + 1L 3,2
- 9⁴⁰ 2x (4x 50 ~ 15" 2ab. + 2) PP, S 4,0
- 10⁰⁰ 6x 50Sn (25 + 25) + 15T + 3 (50S + 50L) 4,7
- 10²⁵ 4x 1PL ~ 30" 11, 2, P, K + 2V 5,3

APRIL
1 8 15 22 29
2 9 16 23 30
3 10 17 24
4 11 18 25
5 12 19 26
6 13 20 27
7 14 21 28

|| 73,0 ||