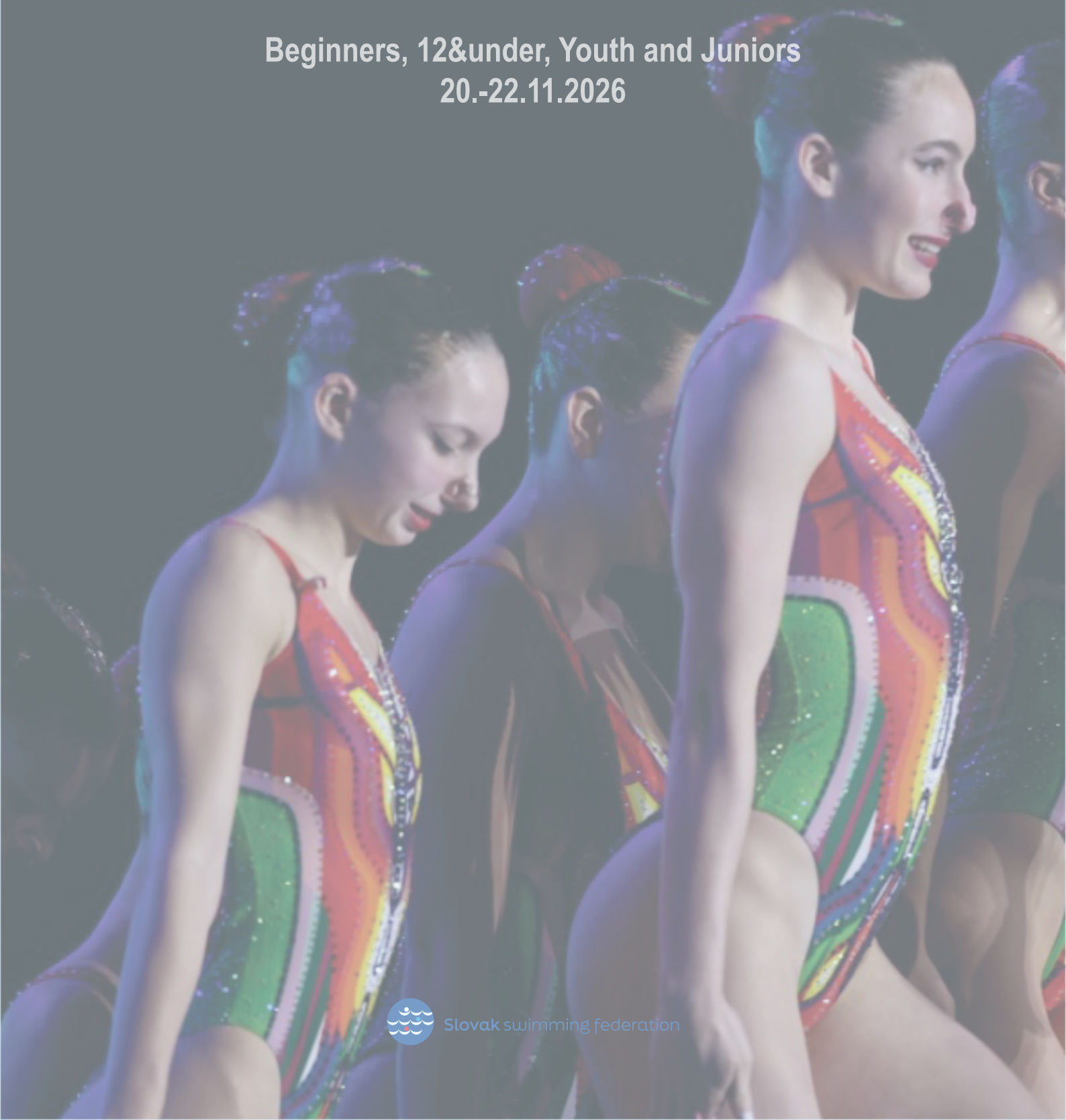


SLOVAKIA SYNCHRO

Beginners, 12&under, Youth and Juniors
20.-22.11.2026



Slovak swimming federation

INVITATION

35th SLOVAKIA SYNCHRO

DATE — November 20th - 22nd 2026

LOCATION — 50m indoor pool [Pasienky, Junácka 4, 83104 Bratislava, Slovakia](#)

EVENT CONTACT — email: artistic@swimmsvk.sk
slovakia.synchro@gmail.com
www.swimmsvk.sk

ORGANIZER — Slovak Swimming Federation

OFFICIALS — Competition Director – Zuzana Žáková
Referee – Jana McDonnell
Assistant Referee – Katarína Horváthová
Evaluator – Lucia Shepard
Chief Recorder – Romana Horská
Assistant Chief Recorders – Tomáš Jánoška, Rastislav Mackanič
Technical Controllers' Coordinator – Monika Morawitzová

ONLINE LECTURES — With regards to the recent WA rule changes, an online lecture for judges with Evaluator Lucia Shepard and an online lecture for TCs with TC Coordinator Monika Morawitzova will be held prior to the competition. The link to the lectures will be sent out to all attending judges and TCs after final entries.
Lecture for judges with Lucia Shepard – November 14th, 2026
17:00-19:00 CET
Lecture for TCs with Monika Morawitzová – November 15th, 2026
10:00-12:00 CET

ENTRIES — **Preliminary entry no later than: 30.09.2026**
Final entry no later than: 01.11.2026
Coach cards no later than: 10.11.2026
Withdrawal of entries: 14.11.2026 at 12:00 NOON

Please fill the preliminary entry form here: forms.gle/Kg5hY41gH6zAbw-mG6

Link for the final entry, coach cards and music submission will be sent to all clubs and national federations, who have filled out the preliminary entry form.

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- DRAW** ————— Draw of Figures for 12&under and Youth category will be on **31.10.2026 at 9:00 AM.**
Draw of Start Lists for Figures Technical routines for Juniors will be on **19.11.2026.**
Draw of Start Lists for Free routines for category L3, 12&under and YOUTH will be after the Figure competition on **20.11.2026.**
- ENTRY FEE** ————— **25 Euro/Competitor/Figures**
40 Euro/Competitor/Solo
20 Euro/Competitor/Duet (including reserves)
15 Euro/Competitor/Team, Acro, Combo (including reserves)
- Payment method: via invoice, no later than 17.11.2026.**
The payment of entry fee must be done via bank transfer upon receiving the invoice from Slovak Swimming Federation.
- CONDITIONS FOR ENTRY – JUDGES** ————— Each participating Club or Federation is required to nominate at its own expense at least one qualified judge or technical controller. Minimum 1 per 5 swimmers.
- DRESS CODE** ————— All judges and technical controllers must wear a white shirt, black trousers and black or white closed shoes.
- PROTESTS** ————— According to current World Aquatics rules
<https://www.worldaquatics.com/artistic-swimming/rules>
- MUSIC** ————— Name the music as follows: **Age group_Event_Club_Name-Name.mp3**
Abbreviations used:
Categories: L3, U12, U15, Junior - JUN
Event: Free Solo - FS, Free Duet - FD, Free Team - FT, Free Combination - C, Acrobatic Routine - AR, Technical Solo - TS, Technical Duet - TD, Technical Team - TT
Example: JUN_TD_UnOI_Nova-Stara.mp3
Bring your USB disk with the music as your backup as well.
- COMPETITION RULES** ————— This competition is adapted to the new World Aquatics rules 2027:
<https://www.worldaquatics.com/artistic-swimming/rules>
The modifications to World Aquatics rules are as follows:
1. YOUTH Figure Competition:
One group of 2 figures shall be performed by all swimmers.
2. Coach Cards:
The changes to the coach cards can be made on 18.11.2026.

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CATEGORIES AND DISCIPLINES CATEGORY L3

CATEGORY L3 – 2010 and younger:

Figures: Competitors who have not yet scored 50 points in WA Figures.

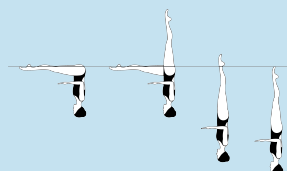
101 Ballet Leg Single 1,6

A Ballet Leg is assumed. The Ballet Leg is lowered.



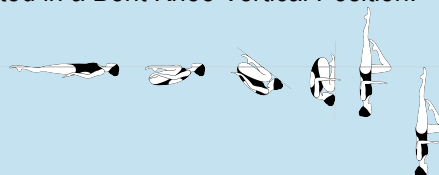
Tower Variant 1,5

From a Front Pike Position one leg is lifted to a Fishtail Position. The horizontal leg is lifted to a Vertical Position and is completed as the ankles reach the surface of the water. A Vertical Descent is executed.



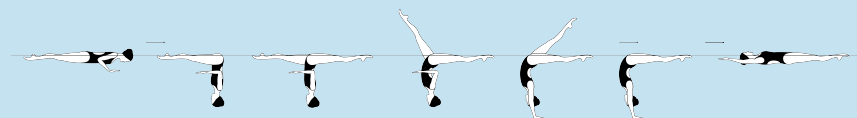
316 Kipnus 1,4

From a Back Layout Position the knees, shins and toes are drawn along the surface of the water to assume a Tuck Position. With continuous motion the tuck becomes more compact and a partial Somersault Back Tuck is executed until the shins are perpendicular to the surface of the water. The trunk unrolls as the legs are straightened to assume a Bent Knee Vertical Position midway between the former vertical line through the hips and the former vertical line through the head and the shins. A Vertical Descent is executed in a Bent Knee Vertical Position.



Walkout Front Variant 1,7

From a Front Layout Position, a Front Pike Position is assumed. One foot is moved in a horizontal arc of 180° at the surface to a Split Position. A Walkout Front is executed.



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CATEGORIES AND DISCIPLINES CATEGORY L3

Technical routines: Duet, Mixed Duet, Team

Final result of routine is total sum of figure points and tech routine points achieved.

There is NO final.

Time limits:

Duet, Mix Duet: max. 1:45 minutes $\pm$ 5 seconds

Team: max. 2:00 minutes $\pm$ 5 seconds

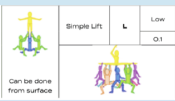
Number of competitors in the team routine:

8 swimmers – for each missing swimmer, a penalty of 0.5 points will be applied (the minimum number of competitors is 4).

Technical Elements of Routines (for Technical Duet, Technical Mixed Duet, and Technical Team):

#	Technical element	The movement description	Declared difficulty
1	Ballet Leg Combination	From the basic position "Tub Position," transition into the Ballet Leg position with one leg, then return to the Tub Position and perform the Ballet Leg position on the other leg. Return to the Tub Position again, followed by the "Flamingo Bent Knee Position." Next, switch legs in the Flamingo Bent Knee Position, and finally, place both legs back into the "Tub Position."	1,3
2	Flexibility	A rapid split with one leg from the "Tuck Position," followed by a swim-out into a walkout front.	1,4
3	Airborne weight	From the "Front Pike" position, transition into the "Bent Knee Vertical Position."	1,1
4	Rotation	From the "Bent Knee Vertical Position," perform a 180° spin down while extending the bent leg into a vertical position. The extension is complete when the ankles are above the water's surface.	1,1
5	Thrust	Thrust with one or two legs crashing on the surface (starting from the back pike position).	1,4

Other mandatory elements of the routine (evaluated within the artistic impression):

Required element	Duet tech	Duet tech mix	Team tech
Eggbeater – side kick with arm movements. A total of 8 movements (4 movements with one arm, followed by 4 movements with both arms).	✓	✓	✓
Acrobatic element – Basic lift – all participants in the routine must be involved in the acrobatic element - Basic lift in a standing position. 	X	X	✓
Pattern – circle and line.	X	X	✓
Pair assisted action	✓	✓	X

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CATEGORIES AND DISCIPLINES CATEGORY L3

Penalties:

Penalty deducted from the total score obtained for the routine	
Exceeding the 30-second time limit for entry.	2
Exceeding the time limit for the total routine duration.	2
Exceeding the 10-second time limit on land after the music starts.	2
Touching the bottom by one or more competitors to push off or assist another competitor.	2
Interruption of the routine by one or more competitors and allowing a repeated start of the routine.	2
Each missing competitor from the total of 8.	0,5
Penalty deducted from the total score obtained for the elements	
Each missed mandatory element.	2
Each additional performed hybrid or acrobatic element.	2

ADDITIONAL RULES FOR ROUTINES

- The order of technical elements and other mandatory elements in the routine is not fixed and can be chosen freely according to the choreography.
- For each unperformed or incorrectly performed technical element, the technical controllers will award 0 points.
- The order of technical elements and mandatory elements must be recorded on the coach's card.
- Any other movements can be performed in the routine, which will be evaluated exclusively by the judges for artistic impression. These other movements can also be performed immediately before or after the mandatory element, while the technical judges evaluate only the prescribed technical element.
- There must be a transition between two different technical elements, meaning technical elements cannot be performed immediately one after the other.
- All movements in the routine (all elements, mandatory elements, and transitions) must be performed in one direction, except for movements on land, transitioning into the circle and out of the circle, and acrobatics.
- Performing any hybrids or acrobatics other than the prescribed technical elements or mandatory elements is prohibited.

Factorization of scores for artistic impression	
Choreography and musicality	0,7
Performance	0,5
Transitions	0,7

Synchronization errors	
Small mistake	0,05
Obvious mistake	0,3
Major mistake	1

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CATEGORIES AND DISCIPLINES

CATEGORY 12 & UNDER

CATEGORY 12 & UNDER

Figures

Free routines: Female and Male Solo, Duet, Mixed Duet, Team, Free Combination

There is NO final.

CATEGORY YOUTH

CATEGORY YOUTH

Figures

Free routines: Female and Male Solo, Duet, Mixed Duet, Team, Acrobatic Routine

There is NO final.

CATEGORY JUNIOR

CATEGORY JUNIOR

Technical routines: Female and Male Solo, Duet, Mixed Duet, Team

There is NO final.

ALL CATEGORIES

A maximum of one entry per event per club or national federation in solo and team events and a maximum of two entries per event per club or national federation in duet events is allowed. Note, that the maximum number of solo routines in each category is set to 25 and will be allocated on a first come first served basis.

Slovak clubs may enter up to two entries per each event per each category. The organizer reserves the right to determine the number of disciplines per club/federation on the basis of total number of entries.

AWARDS

Beginners L3 Figures and L3 Routines: Medals will be awarded for the 1st, 2nd and the 3rd place in each category. The organizer reserves the right to determine the awards to the competitors in categories L3 on the basis of their year of birth and the number of entries in each category.

Age Group 12 & under, YOUTH and Juniors: Medals will be awarded for the 1st, 2nd and the 3rd place in Figures and in all Free and Technical Routine events in all categories.

B. Mudrochová Award – winner of Technical Solo Junior

P. Pošvanc Award – winner of Figures Beginner L3

SCHEDULE

The schedule will be finalized based on the received preliminary and final entries.

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ACCOMMODATION — Each club or national federation at their own expense.
Near the swimming pool:

Hotel Blue

Riazanská 38

831 03 Bratislava

10min walk from swimming pool

<https://www.hotelblue.sk/>

DoubleTree by Hilton Bratislava

Trnavská cesta 27/A,

831 04, Bratislava

12min walk from swimming pool

<https://www.hilton.com/en/hotels/btsdidi-doubletree-bratislava/>

Hotel Set

Kalinčiakova 12085/29A

831 04 Bratislava

12min walk from swimming pool

<https://www.hotelset.sk/en/home/>

Yours sincerely,

Organizing Committee